

memorial

Star Edition

VHA



March 1, 2010

WAVES OF HOPE

Earlier this year, a Donate Life flag flew under the U.S. flag atop Memorial's 'B' building to honor a patient and his or her family for giving the gift of life to another in the form of organ, bone, tissue or eye donation. It's a small token of appreciation Memorial offers to loved ones of an organ donor and also helps draw public attention to the importance organ donation has in the community.

The flag flies for three days before it's taken down and given to the deceased donor's family members as a keepsake, said **Greg Stafford**, director of Pastoral Care.

Rebecca Anderson, director of Memorial Transplant Services, said organ and tissue donation provides the gift of renewed life to someone else.




"The medical procedure of transplantation is a remarkable act," she said. "But the act of organ and tissue donation, the decision to give of oneself in this way, goes beyond remarkable. It represents the very best that we humans have to offer one another: compassion, generosity and hope."

Patients who qualify for organ or tissue donation can donate skin, bone, connective tissues, corneas and vital organs. In 2008, Memorial was recognized as a top tissue donor in Illinois. That year, 39 individuals donated tissues. One tissue donor can provide up to 50 transplantable tissues.

This year, Stafford said Memorial's Donate Life team will set up donor registry tables during blood drives on a quarterly basis to sign up those who are interested in being first-person consent donors. For more information on organ donation, visit donatelifeillinois.org.



A special Donate Life flag flies under the U.S. flag to honor patients who donate an organ or tissue. (Photo by Gary Carter)

-  60% of adults in Illinois are registered organ and tissue donors.
-  One donor can save or enhance the lives of more than 25 people.
-  Every 11 minutes, a new person is added to the national waiting list.

Source: donatelifeillinois.org

March is National Nutrition Month

March is National Nutrition Month®! To celebrate, Memorial's Food and Nutrition Services will offer several healthy activities throughout the month. In the cafeteria, employees and visitors will have access to free nutritional information, including recipes, tip sheets and a map of the cafeteria to better locate healthier options. The cafeteria will also offer a new, healthier entrée each week in addition to the usual favorites. Stop by the cafeteria on Wednesdays from 7-9 a.m. or Fridays from 11 a.m. to 1 p.m. to 'spin the wheel' and test your nutritional knowledge. A new game that tests knowledge of portion sizes will also be offered each week. Looking for more information? Check out the Memo for a healthy tip of the week complete with tasty recipes, or become a 'fan' of MMC on Facebook and you will receive healthy updates at your fingertips. Patients will also be provided healthy information each week on meal trays. The dietitian staff will be recognized March 10 in celebration of Registered Dietitian Day!

New Gift Shop Hours

Effective March 1, Memorial's Gift Shop will open earlier each day except for Sunday.

Monday 8 a.m. to 4 p.m. • Tuesday 8 a.m. to 6 p.m.

Wednesday 8 a.m. to 6 p.m. • Thursday 8 a.m. to 6 p.m.

Friday 8 a.m. to 4 p.m. • Saturday Noon to 4 p.m.

Sunday 1 p.m. to 4 p.m.

cafeteria menu

MILLER STREET MARKET



March 1 – March 8

Hours: Daily 6:30 a.m.-7:30 p.m.; and 12:45-2:45 a.m. Closed at all other times. Menu subject to change.

NATIONAL NUTRITION MONTH

Monday, March 1

Late Night: Italian Beef Sandwich, Fried Chicken, Mashed Potatoes, Green Beans

Breakfast: French Toast

Traditional Favorites: Ham and Au gratin Potatoes, Chicken with Apricot Salsa, Rice with Garlic and Butter, Broccoli, Fried Zucchini

Soup: Turkey and Sausage Gumbo, Vegetable Noodle

Pizza: Sausage with Peppers, Tomato Alfredo

Dessert: Yellow Cake with Chocolate Icing, Cherry Crisp

Special Feature: Taco Bar

Grab n Go: Italian Sub

Tuesday, March 2

Late Night: Ham and Au gratin Potatoes, Broccoli, Fried Zucchini, Breakfast Croissant

Breakfast: Breakfast Croissant

Traditional Favorites: Meatloaf, Penne Pasta with Tomato Basil Sauce, Mashed Potatoes, Gravy, Green Beans, Corn, Garlic Toast

Soup: Italian Tortellini, Creamy Chicken with Wild Rice

Pizza: Hawaiian, Vegetable Deluxe

Dessert: German Chocolate Cake, Cheesecake Bar

Special Feature: Potato Bar

Grab n Go: Stuffed Tomato Plate

Wednesday, March 3

Late Night: Meatloaf, Mashed Potatoes, Corn, Sausage and Egg Casserole

Breakfast: Sausage and Egg Casserole

Traditional Favorites: Beef and Noodles, Jumbo Pork Tenderloin Sandwich, Mashed Potatoes, Gravy, Peas, Baby Carrots

Soup: Lentil, Broccoli Cheese

Pizza: BBQ Chicken, Cheese

Dessert: Cookie Dough Brownie, Coconut Cream Pie

Special Feature: Teriyaki Bar

Grab n Go: Turkey and Black Bean Wrap

Thursday, March 4

Late Night: Jumbo Pork Tenderloin Sandwich, Teriyaki Chicken over Rice, Carrots

Breakfast: Bread Pudding, Munchers, Maple Sausage Links

Traditional Favorites: Spaghetti with Meatsauce, Spinach Quiche, Garlic Breadstick, Monaco-Blend Vegetables, Beets

Soup: Coastal Crab, Corn Chowder

Pizza: Pepperoni, Italian White

Dessert: Pumpkin Mousse Pie, Cherry Chip Cake

Special Feature: Appetizer Bar

Grab n Go: Chef Salad

Friday, March 5

Late Night: Spaghetti with Meatsauce, Garlic Breadsticks, Monaco-Blend Vegetables, Hashbrown Casserole, Maple Sausage Links

Breakfast: Breakfast Pizza, Hashbrown Casserole

Traditional Favorites: Country Fried Steak, Garlic and Herb Chicken, Garden-Blend Wild Rice, Mashed Potatoes, Gravy, Corn, Green Beans

Soup: Italian Garden, Homemade White Chili

Pizza: Taco, Mushroom

Dessert: Chocolate Cream Pie, Jumbo Cupcake

Special Feature: Pasta Bar

Grab n Go: Pineapple Chicken Salad Pita

Saturday, March 6

Breakfast: French Toast Sticks

Traditional Favorites: Bourbon Pork Roast with Apples, Chicken Mushroom and Rice Casserole, Mashed Potatoes, Gravy, Broccoli

Soup: Timberline Chili, Chicken Tortilla

Special Feature: Deli Bar

Sunday, March 7

Breakfast: French Toast Sticks

Traditional Favorites: Fried Chicken, Lasagna, Garlic Toast, Mashed Potatoes, Gravy Green Beans

Soup: Timberline Chili, Chicken and Dumplings

Special Feature: Deli Bar

Monday, March 8

Late Night: Fried Chicken, Lasagna, Green Beans, Gravy, Garlic Toast, Deli Bar

Breakfast: Breakfast Burrito

Traditional Favorites: Italian Spaghetti, Baked Cod with Lemon, Garlic Toast, German Spinach, Baby Carrots

Soup: Chicken Noodle, Tomato

Pizza: The Works, Cheese

Dessert: Chocolate Cake, Lemon Meringue Pie

Special Feature: Chimichanga Bar

Grab n Go: Ranch Chicken Wrap



Find us on
Facebook

facebook.com/memorialhealthsystem

Take the Print Shop Survey

Please take time to complete the Print Shop 2010 Customer Satisfaction Survey. The survey will be available **March 1-12** on MemorialNet/MHS News/Print Shop Survey. The results of this survey will assist the Print Shop in ensuring customer satisfaction and Great Results.

MEMORIAL
HEALTH SYSTEM
**Behavioral
STANDARDS**

pick up
litter and
DISPOSE
of it **PROPERLY.**

Stars of Memorial

Dedicated to Honoring the Performance Excellence of Staff at Memorial Medical Center

March 2010



February Employee of the Month Goes Above and Beyond

done it without me. I know they could, but I enjoy going the extra mile to make it easier for them."

Vogt began working at Memorial in July 1972, with a 10-month stint in ICU before transferring to FMS. She has four children and four grandchildren who live out of state. Vogt resides in Chatham and enjoys playing golf, reading, traveling and touring lighthouses during her free time.

"And then there is my daily Sudoku for my mind, and the FitClub so I can keep doing the 12-hour days," she said.

Vogt's biggest challenge on the job is to provide the personal care and individual support each family needs when there are unanticipated outcomes. "Presenting a very calm demeanor on the outside, when in emergency situations - I'm not calm on the inside," Vogt said.

Some of the most enjoyable parts of Vogt's job are first-assisting on cesareans and seeing her coworkers each day.

"Walking into our report room and greeting my MMC family is what I most look forward to," she said. "It is warm, friendly, and we all care about each other."

A positive nature and the ability to make patients feel at ease make **Kathy Vogt**, RNC IV, Family Maternity Suites, a great choice for Memorial's February Employee of the Month.

Vogt was nominated by **Mandi Carver**, MMC occupational therapist IV and former patient.

"Kathy speaks in such a comforting manner and goes out of her way to make sure everyone is taken care of. She makes herself a friend in a time of need and makes patients and family members feel as if they are the only people who matter to her," Carver wrote. "Whether providing information or support, she asks questions, listens and provides anything needed - many times before it is even asked."

Her nominator said Vogt goes above and beyond caring for patients, often staying over her scheduled shift to make sure the patient's needs are met.

"Kathy focuses on the patient and uses her strong communication and service skills to personally relate to the patient. She delivers excellent customer service and exhibits every behavior of a great Memorial employee," reads her nomination.

"I'm so very honored," said Vogt. "Supporting moms through labor and birth, then having them tell me they couldn't have

GREAT
patient
EXPERIENCE

The following was received by **Gabe Ceperich**, Environmental Services director, from **Ian Canaday**, ExpressCare Patient Access Services:

"I am writing you on behalf of **Carl Coombs**. Tonight I was working at the Koke Mill facility. Carl came to us in the evening and turned in to us a purse he had found lying on the ground near the entrance to the ExpressCare. He told us he

found it and was turning it in. Upon inspection of the contents, we found the license of the owner. It belonged to a woman who had come through the ExpressCare earlier in the night. She had accidentally dropped it. In this purse was about \$100 cash and various credit and identification cards. This lady was called and the purse returned to her without incident thanks to the kind act of Carl. Without the return of her purse, the woman wouldn't have had her I.D. and thus wouldn't have been able to board her flight home to Florida. Carl did a good thing tonight, and I wanted to make sure it was brought to your attention."

From Family Maternity Suites patients:

"As healthcare professionals, my husband (CT Technologist at MMC) and I (RN at Springfield Clinic) realize the importance and responsibility hospital employees have taking care and meeting patients' needs and expectations. We had on our baby on Dec. 3, and from the time we stepped in the door, we were met with wonderful nurses, doctors and support staff. There are few people my husband and I would like to especially recognize. First, **Dr. Donna Sweetland** is simply the best. She is our doctor, but she makes us feel like we are her family. We love her and cannot say enough good things about her. Second, the 7B Family Maternity nurses and techs were wonderful. I wish we could mention each by name, but for the night of my delivery, I would like to thank **Katie Oglesby, RN**, and **Christy Gilley, RN**, for their help, support and care."

From family of a Burn Center patient:

"I want to let you know how the staff of the Burn Unit on floor 5 has been gracious and faithful in caring for my husband. He currently remains with the Burn Unit in critical condition. Whenever the family calls, the questions have been answered and the demeanor of the staff is warm and caring. These people genuinely care for my husband! Thank you very much!"

From a Koke Mill ExpressCare patient and MMC employee:

I just wanted to drop you an email regarding your staff at Koke Mill ExpressCare. I was experiencing some very scary symptoms (trouble breathing, dizziness, numbness in hand) that came from nowhere. After 20 minutes of struggling to breathe, my mom drove me over to the Koke Mill ExpressCare, where I was greeted by the warmest smile and most calming voice. By this time, I was in tears and terrified, but the sweetest tech, **Grace Gum**, came and brought me back to a room, where I was immediately greeted by **Peggy Knowski, RN**. She has to be the greatest nurse I have ever dealt with, and she spent so much extra time answering my questions and making me feel comfortable, even getting a laugh or two out of me."

From family of a 6C, Intermediate Care and Rehab patient.

"I am writing on behalf of my wife who was hospitalized on 3 different units. She was an overflow on 6C, had surgery and returned there, transferred to Intermediate Care and then went to the Rehab Unit. She currently is an outpatient with PT. As I told one of the unit managers, I can see why Memorial is a Magnet hospital. Her care was exemplary. The unit managers talked to us frequently, and I have run into them in the community. They are unfailingly kind, serious about their work and provide great patient care. I was impressed by the helpfulness of all employees. Two people on the way to lunch helped a couple who couldn't find Radiology. They did not just give directions, they said, "follow me," and delayed their lunch long enough to help the couple. We were and still are asked frequently if we need assistance or if there is anything the employee can do for us. Being this sick is no picnic, and 24 days in the hospital is a long time. My wife and I both wish to express our appreciation to everyone for their kindness, concern and good care."

From a 5A patient:

"Chaplain **Julie Hoving**, Pastoral Care, was most helpful and asked for prayer and anointing with oil. She was very caring."

From a 6B patient:

I would like to take this opportunity to thank a couple of members of the nursing/technical staff on 6B. **Erin Weiss, LPN**, and **Sheila Laningham**, tech, both went out of their way to help me during my stay. In today's society, sometimes people forget to say thank you, and many just feel that people were doing their job, so don't bother to say it. I am just hoping that you will express my gratitude to these employees for going above and beyond what was necessary."

From the Prayer Tree

My prayer is for the Pastoral Care Staff and give thanks for their dedication to their patients, families and volunteers".

From Kelli Fisher, palliative care specialist:

"I wanted to let you know that one of the families that I participated in care for had commented several times of their appreciation for **Ed McDowall**, vice president of communications & marketing. Somewhere in the hospital Mr. McDowall was in the right place at the right time. He ran into a patient family member who appeared overwhelmed and dazed. He helped her by re orientating her to her direction and lending an ear. She was

taking care of both her adult children who were hospitalized in different ICU's: one child (daughter) was in 2ICU with aspiration pneumonia (Down Syndrome) and the son was in 6ICU after open heart surgery that was done very quickly. So, I am sure she was overwhelmed. But then Mr. McDowall ran into her everyday, not by planning but some form of "energy." She even carried his business card with her. Her daughter passed away, and her son was eventually discharged. I just wanted to acknowledge Mr. McDowall for his kindness and being there at the right moments. "

Great Place to Work

New Stars *On Our Team*



Welcome to
Memorial!



Be sure to welcome the latest members of the Memorial team! Look for someone wearing a blue star pin and introduce yourself. See if you can answer any questions and offer assistance as they are learning their way around. The ★ designates employees who joined the Memorial Team as a result of the Employee Referral Program.

2C Surgical ICU

Trisha Waters, RN

2G Gyn/Ent/Plastics

Ashley Reed, CNA

3G Medical/Surgical

Julee Abbott-Santana, Unit Clerk

4B Orthopedics

Tyler Sloman, RN

5B Urology/Nephrology

★Kelly Carter,
Graduate Nursing Resident
Katherine Pierce, CNA

6G Surgery Cardio

Aundrea Collebrusco, Unit Clerk

Emergency Medical Services

Trey Nelson, Unit Support Attendant
Cailey Parker,
Unit Support Attendant
Christi Sabatka, RN

Environmental Services

Heather Pfeiler,
Housekeeping Aide I
Marianne Youmbi,
Housekeeping Aide I

Foods and Nutrition

Melinda Farrington,
Late Night Food Service Associate
Dylan Bodine,
Room Service Associate-Runner,
Assembler
★William McNutt,
Room Service Associate-Runner,
Assembler

Memorial Child Care

Tiffany Bonner,
Director, Child Care Services
Amber Williamson,
Early Childhood Teacher

Memorial Home Services – Receiving & Stores

★William Reid,
Equipment Service Technician

Memorial Physician Services – Dr. Coultas

Lacy Beard, Advance Practice Nurse

Memorial Physician Services – Koke Mill Medical Associates

Karen Clark, Medical Records Clerk
Erin Crow, Business Office Tech
Natalie Holman, Business Office Tech
Kolleen Yockey, Business Office Tech

Memorial Physician Services – Menard Medical Center

Kathy McClelland, RN

Memorial Physician Services – North Dirksen Medical Associates

Amber Williams, LPN

Memorial Physician Services – Women's Healthcare

Shirley McCluskey, RN

Patient Access – Koke Mill

★Katharine Flemming,
Patient Access Associate
Idanell Grove, Patient Access Associate

Patient Transport

Tamara Degner, Patient
Transporter
Darci Dixon, Patient Transporter
Matthew Reichardt, Patient
Transporter

Phlebotomy

Amber Cheung,
Phlebotomist/Lab Assistant I
Alicia Layton,
Phlebotomist/Lab Assistant I
Samantha Stewart,
Phlebotomist/Lab Assistant I
Emily Wizezorek,
Phlebotomist/Lab Assistant I

Pre-Registration – PAS

Anne Kuchar,
Patient Access Associate
Margaret Taylor,
Patient Access Associate

Radiology

Victoria Alexander,
Radiologic Technologist Assistant
Brittany Jeffries,
Radiologic Technologist (ARRT)
Ann Kording,
Radiologic Technologist Assistant

Respiratory Therapy

Diane Pugh,
Registered Respiratory Therapist

Surgery

★Emily Henrichsmeyer,
OR Communication/Data Support
Specialist

Welcome to All!

GREAT RESULTS

Degrees, Certifications & Accomplishments

Cathy Chastain, EEG tech, earned a Bachelors of Business Administration from Benedictine University in Springfield.

Michelle Gathard, EMPI analyst in Health Information Management, passed her boards and is now a certified EMT.

Pat Dianora, Customer Service associate II, received her certification as a certified fitter for mastectomy from the American Board for Certification.

Don Cook, ACS Customer Service branch coordinator, received certification as a certified fitter for therapeutic shoes from the American Board for Certification.

ACS respiratory service techs **Bob Kayma** and **Sue McMillan** received their emergency medical technician certification.

Becky Puclik, system administrator of Compensation, Benefits and HRIS, achieved certification as a senior professional in Human Resources (SPHR) through the Human Resources Certification Institute (HRCI). Puclik has been a member of the MHS HR team since 1986.

Ed Curtis, president and chief executive officer, was recognized by the Springfield Chamber of Commerce for leadership and success in recruiting new members. He received the President's Award. The honor recognizes outstanding commitment and dedication to The Chamber.

Paula House, Case Management, has been promoted to Director of Utilization and Discharge Services to further enhance patient throughput, appropriate revenue optimization and regulatory compliance related to inpatient utilization. Paula joined Memorial in March 2004 as a nurse case manager.

Sarah Coate and **Kim Cruise**, Laboratory administration, have been promoted to interim co-directors of Laboratory Services. Coate will have specific responsibility for Laboratory outreach and Cruise is responsible for core Laboratory. Coate joined Memorial in 1991, and Cruise joined Memorial in 1990.

Jared Noelke, patient transporter, was named transporter of the quarter for the FY2010 first quarter by his co-workers. He completed 1,005 transports with average completion time of 17.7 minutes.

Kristin Armitage, Receiving and Stores, has been promoted to supply chain analytics supervisor. Armitage has been with Memorial since September 2007.

The cancer research and registry staff from the Regional Cancer Center participated in the "Dodging Cancer" dodge ball tournament at Olympia South Elementary School in Atlanta, IL on Saturday, January 30, 2010. The team of **Karen Graber**, RN; **Holly Thomas**, RN; **Chrissy Tucker**, RN; **Brooke Trickey**, RN; **Stephanie Allbritton**, RN; **Deanna Geer**, **Bonnie Miller** and **Barb Freesen** helped raise more than \$3,000 for the American Cancer Society.

Teri Prince, Customer Service, was promoted from a patient representative I to a patient representative II in Dec. 2009. Prince received her MBA from the University of Phoenix in Nov. 2009.

Memorial's Kids at Koke Mill Pediatric Therapy Services had three staffers work the United Cerebral Palsy telethon on Jan. 31 as VIP's in the call bank. **Jennifer Pollock**, SLP, **Gretchen Conway**, OT, and **Jenny Mollerud**, SLP represented Memorial.

2C's **Deb Cozadd**, GNR, and **Erin Tallon**, GNR, both passed NCLEX.

Kristin Blake was promoted to career development and advising coordinator for Memorial Health System. In addition to her current responsibilities, Blake will take on the duties of coordinating a comprehensive Career Development and Advising Center within the Workforce Development department to allow for a streamlined process for offering services to employees. She will also use current, and new, evaluation processes to determine areas for expansion of partnerships to ensure a consistent pipeline of future employees.

The work of the MHS Workforce Planning and Development Team, led by **Jennie Collings**, system director, was solicited and selected for inclusion in an upcoming research white paper produced by the Aberdeen Group. The research is entitled, "Strategic Workforce Planning: Winning Scenarios for Uncertain Times." MHS and the efforts of the workforce planning team to develop a results-based strategy will be highlighted in a case study on benchmarking requirements for success. The Aberdeen Group is a leading provider of fact-based research focused on the global technology-driven value chain.

Doug Rahn, DBA, senior vice president and chief operating officer, has successfully completed his doctorate in Business Administration with a specialty in management. He attended the Huizenga School of Business and Entrepreneurship at Nova Southeastern University in Ft. Lauderdale, Florida.

GREAT place TO work

Great Place to Work

From a Memorial Home Services employee:

"I want to convey my gratitude for the front door staff. They are outstanding!! In particular, Memorial Home Services has an employee who is our liaison at MMC. Each morning around 8:30 she makes her way to MMC to begin her rounds. She recently had surgery and is on crutches long term. Those at the front door have encouraged her to come through the front drive, and they will park her car!! They saw her as a customer, not just an employee coming to work."

Healthy Tip of the Week —Start The Day Right

With hectic work schedules and screaming kids, breakfast is just another hassle not worth thinking about... right? Well think again! Breakfast truly is the most important meal of the day. A study completed with data from the Third National Health and Nutrition Examination Survey (NHANES III) proved that skipping breakfast is not an effective way to manage weight. In fact, the study showed that people who ate cereal or quick breads (muffins, bagels, etc) for breakfast had a significantly lower Body Mass Index (BMI) compared to breakfast skippers or those who ate meats or eggs for breakfast. Try these delicious bran muffins in the morning. You can individually wrap them, throw them in the freezer, and grab them on your way out the door. Quick and easy!

Oat Bran Blueberry Muffins

12 muffins

- ¾ cup oats
- ¼ cup oat bran
- 1 cup skim milk
- 1 cup flour
- 1 teaspoon baking powder
- ½ teaspoon baking soda
- ¾ cup lightly packed brown sugar
- 1 egg, lightly beaten
- ¼ cup melted butter
- 1 cup fresh or frozen blueberries

Healthy Recipe of the Week

Preheat oven to 400 degrees. Combine oats, oat bran, and milk in a bowl. Let stand. Combine flour, baking powder, baking soda and brown sugar in a large bowl. Add egg and melted butter to oats, oat bran and milk mixture. Add this mixture to the dry ingredients until all ingredients are moistened. Carefully fold in blueberries. Fill 12 muffin cups, ¾ full and bake for 15-20 minutes or until a toothpick inserted into muffin comes out clean.

Nutrition facts: Each muffin provides 162 calories, 4.5g fat, 28g carbohydrates, 3g protein, 1.3g fiber



Clean Hands Saves Lives

Thirty electronic Purell pumps were recently installed around elevator banks and hallways to ensure clean hands on the go. The pumps automatically dispense product when you place your hand under the sensor. Alcohol-based hand sanitizer kills 99.99 percent of the most common germs that may cause illness. (Photo by Gary Carter)



Youngsters Learn About Healthcare at MMC

Memorial Child Care preschool classrooms recently participated in the Friends of Memorial Pre-Hop Program. This program helped the children gain positive exposure to hospital care and facilities available at Memorial Medical Center. The children were given the opportunity

to examine blood pressure cuffs, stethoscopes, otoscopes, hospital gowns and x-rays. MCC would like to thank the Friends of Memorial Pre-Hop volunteers for providing the materials to teach the children about the tools used to create a Great Patient Experience.

Service of Remembrance is March 7

An interfaith Service of Remembrance will be held next Sunday, **March 7** at Memorial Medical Center. The service is for families of patients who have died at Memorial as well as staff and physicians who wish to remember their patients. The reception for family members and friends will begin at 2 p.m. in the Wedeberg Conference Center. The service will begin at 2:30 p.m., followed by a tree planting ceremony on Memorial grounds. Staff and volunteers of Memorial are welcome and encouraged to attend. Parking for guests will be available outside the main entrance at the corner of First and Miller Streets, in the visitor parking lot.

Celebrate Social Work This Month

As part of the celebration of Social Work Month in March, **Heidi Dee** with Allsup will present: "Understanding Social Security Disability Insurance (SSDI): Resources for the Clinician and Patient." Dee will present on Wednesday, **March 10** in Room D748 from Noon to 1 p.m. CEUs will be available for LSW/LCSW and LPC/LCPC. A light lunch will be provided. Call 8-3360 to



Memo Reminders

A recap of upcoming events & deadlines

- A shoe sale will take place from 10 a.m. to 4 p.m. **March 3** and 7 a.m. to 2 p.m. **March 4** in the Garden Lobby. A portion of the sales will benefit the Memorial Medical Center Foundation.
- You're invited to a retirement reception for **Carol Jaeger** on **March 4**. Cake and punch will be served in B-115 from 3 to 5 p.m. Carol has been an RN at Memorial for 41 years during which time she worked in Emergency, Recovery and at the Spineworks Pain Center.
- Please consider donating blood during the Central Illinois Community Blood Center's blood drive in the Capitol Lobby: **March 5**, 7 a.m. to 1:30 p.m.
- MHCCI is co-sponsoring the annual Expanding Your Horizons in Math, Science and Technology conference for middle-school girls (grades 6, 7 and 8) from 8 a.m. to 12:45 p.m. **March 20** at the University of Illinois at Springfield. The registration fee is \$15; space is limited and pre-enrollment is required. For a brochure and registration information, call 787-8078 or visit AAUW-IL.org/springfield or MHCCI.org.

register. Seating is limited.

Register Now for Counseling Conference

On Friday, **April 23**, Memorial Counseling Associates, a program of Mental Health Centers of Central Illinois, is co-sponsoring Suicide: Prevention, Risk Assessment and Intervention presented by **Mariann Blacconiere**, LCSW. The conference will be held from 8:30 a.m. to 4 p.m. in the Wedeberg Conference Center at Memorial Medical Center. The registration fee is \$35. CEUs will be available for LSW/LCSW, LPC/LCPC, MFT/LMFT, NHA and CADC. Contact hours will be provided for nurses. The brochure and registration form are available at MemorialCounselingAssociates.org or call Memorial's HealthLine at 8-3333 for more information.

Continuing Education Opportunity: Wound Care Symposium

The 15th annual Wound Care Symposium will take place Thursday, **March 18**, at the Illinois Education Association, located at 3440 Liberty Drive on the southwest side of Springfield. Sponsored by the Southern Illinois University School of Medicine, the Plastic Surgery Institute and Memorial Medical Center, the workshop is geared toward healthcare professionals interested in learning the most current wound care information to enrich a patient's quality of care. The registration fee is \$100. A limited number of \$50 scholarships are available for MHS employees upon request. Register by **March 10** and receive \$10 off the fee. For more information, call 545-7133.



Susan Watson, RN, Family Maternity Suites, receives the DAISY award for her clinical skill and compassionate care. Watson exemplifies the kind of nurse patients, families, and staff recognize as an outstanding role model. [Photo by Gary Carter]



Lifesaver Award

Theresa Jones, RN, and **Linda Yusko**, RN, co-chairs of the Rescue Committee, present the Lifesaver Award to **Melissa Schmittler**, RN, Radiology, for the month of January.

Schmittler called on the Rapid Response Team (RRT) when she noticed signs of decline in a patient. Employees call the RRT to assess patients and implement needed interventions for patients with progressively deteriorating conditions. [Photo by Gary Carter]

Retirement Planning

403(b) representatives will be available to answer employee questions about enrollment or current accounts this month. 403(b) plans offer the advantage of saving for retirement with before-tax dollars (traditional 403b) or after-tax dollars (Roth 403b). For questions, contact **Jennifer Davis** in Benefits & Compensation at 588-2984.

Location: B124 (Sangamon Conference Room)

ING

- March 9 1 to 4 p.m.
- March 10 3:30 to 6:30 p.m.
- March 11 10 a.m. to 2 p.m.
- March 12 10 a.m. to 2 p.m.

Prudential

- March 15 10 a.m. to 1 p.m.
- March 16 1 to 4 p.m.
- March 17 3 to 6 p.m.
- March 18 9 a.m. to Noon